

Snack Teaching Guide

Love Him Love Them VBS, 2017



Snack

Getting Ready for Snack Rotation:

- Read over the lessons. Allow Him to teach you as you study beforehand what you will teach the children.
- Pray for the children that will enter this rotation. Pray that God will teach them through you.
- Gather all ingredients and supplies.
- Snack rotation is a great time to allow children a bathroom break.
- Use this rotation time to review things the children are learning. Additionally, take time to talk to the children as you build relationships.
- Want an extra Haitian experience one day? You can serve the children a bowl of rice and beans as they will experience what most children daily eat in Haiti.

Snack Day 1

Rock Snack

Materials/Ingredients: plate, pudding cup, vanilla wafers, spoon, napkin, drinks

Today children will learn about how God is their Creator.

Make a snack that will resemble God's creation of rocks in Haiti. Use vanilla wafers to resemble the rocks and chocolate pudding to resemble the dirt. You may have the snack already prepared for children, or give each child a plate with the items needed and allow them make their own Rock Pudding Snack. You, or children, will crumble vanilla wafers into big and small chunks and place those wafers into a cup of pudding. Stir the wafers, as you continue to add wafers into the pudding. Discuss with children how the rocks are a part of God's beautiful creation. Discuss good reasons for rocks and ways people use them in good ways.

As children eat their snack, pray for the children of Haiti and thank God for His creation.

You can also add gummy worms to the dirt for fun. Children can tell you their favorite thing God made as they eat.



Snack Day 2 Fire Pit Snack

Materials/Ingredients: plate, pretzel sticks, cheese, grapes, bowl, napkin, water in a cup to drink

Drink water today as we thank God we have clean water.

Today children will learn that Jesus is the only way to be forgiven and clean from sin. As children begin their snack, pray, specifically thanking God for Jesus who forgives us of our sins.

Explain to children that many people around the world cook over open fires. Show them a picture of someone cooking over an open fire. Explain to the children that their snack is/will be made to look like open fires that many people in Haiti use to cook over.

If you are allowing children to make their own Fire Pit Snack, give each child a plate with the items needed. Place the grapes in the bowl first. Next, place pretzel sticks around the bowl and on top of the grapes. Children can tear their own cheese for their fire or use shredded cheese. Then, children can sprinkle the cheese around the top of the fire pit. Lastly, children can eat their yummy snack!



This idea was originally found on the website <http://www.compassion.com/kids-magazine/fire-pit-snack.htm>.

Here is a picture, as seen in the Mission Video, of one example of a fire pit used in Haiti to cook over:



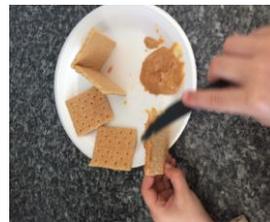
Snack Day 3 Homes in Haiti

Materials/Ingredients: plate, plastic knife, graham or saltine crackers, fruit roll up, pretzel sticks, peanut butter or icing, napkins

Today children will learn more about making God Lord of their life. As children build their house snack, you can discuss with older children how we must have God as the foundation of our life. Discuss how when storms come, the homes in Haiti, that do not have a strong foundation, will not last. Show pictures of homes in Haiti. You can explain to children that some homes are built better than other homes. You can tell children that one of the churches *Love Him Love Them* has helped build, was under a tent with poles and sticks, but now they are building it to be a better and stronger building. You can read from Matthew 7:24-27 as children make and eat their snack. Discuss what it means to build our life on Jesus. Ask, "How can we be a wise builder?"

Children will build homes for their snack and then will eat the home they built. Children can try to build a home with pretzel sticks and fruit roll up. This home can show how hard it is for homes to stand during bad weather, because they are not built on a strong foundation. Then, children can build homes with crackers as the walls and roof. Children will see that this home is stronger than the first home. Younger children will need help as they connect the sides of the home together. Peanut butter or icing can be used to help the walls of the home stick together.

Pray for children to build their life on Jesus as they make Him Lord of their life.





Haiti homes, pictured above, are examples of homes that can better protect and withstand the weather.



Haiti homes, pictured above, are just two examples of homes that are not built strong.

You can tell children that since Hurricane Matthew, *Love Him Love Them* has been helping many families who lost their homes in the hurricane.

Snack Day 4 **Hearts**

Materials/Ingredients: various types of fruit and/ or other items (sandwiches, cookies, etc) shaped as hearts.

Today children will learn how we can serve God with all our heart. We should do things for God and others because of our love for Jesus.

Children in Haiti love to eat fruit. God has given us many great things to eat in His creation. The fruit that we eat today is shaped like a heart to remind us of God's love and how we are to love and serve Him with all of our heart. God cares for us and gives us things that are good for us to eat. In the Bible story today, Mary used the perfume that was very expensive on Jesus, but she poured it on Him because of her love for Him. Let's remember how much God loves us and how we are to love Him with all of our heart.

Pray for children to know of God's love and for them to love Him.



Snack Day 5

Fish

Materials/Ingredients: bowl or goldfish, plate with pretzel sticks ("fishing poles") and pretzel snaps ("nets"), peanut butter, plastic knife, napkins

Today children will learn they are to love everyone. Children will also learn that when they follow God, they are to be fishers of men.

Children will put peanut butter on the end of their pretzel sticks and then will take it to the bowl of fish as they "catch" a fish. Children can also do the same on the snaps as they "catch" fish in the "nets." As children are catching fish, remind them that we are to help other people know about God and God's love. Explain to the children how some of the disciples were once fisherman, but then they became "fishers of men." Jesus told us to go and tell other people about Him. Have children discuss how they can be fishers of men.

Pray for the children to become "fishers of men" who go and tell other people about God.

*This activity was the most fun for the children that tried these snacks as we were planning this material. We hope your children enjoy it as much as they did!

